

Help the Sisters Shape the Leaders of Tomorrow

Dear Friend,

When Nhien first arrived at the Academy of the Holy Family (AHF) after a long trip from Vietnam, she was understandably nervous. She remembers sitting in her U.S. history class, feeling lost in a sea of unfamiliar faces. But then her teacher, Mr. John Martin, did something unexpected: He made Nhien laugh. He took the time to chat with her, to share some jokes and make her feel welcomed.

“His kindness and compassion helped me see I wasn’t just a student,” Nhien says. “I was part of a larger community, a member of our AHF family, bound together by our shared beliefs and values.” For 150 years, we Sisters of Charity of Our Lady, Mother of the Church have done more than just nurture students — we’ve built a family. Through Catholic education, we’ve shaped generations of leaders, innovators, and compassionate citizens who carry forward a legacy of faith, excellence, and service.



Sister Rafael, Assistant Principal of the Academy and Mr. Henry Fiore, Principal, believe in transforming lives through a dynamic and rigorous education.



For Sister Celeste, it is always a privilege and a joy to assist the families who come to our Food Pantry

Values that Shape Families across Generations

At AHF, we’re proud to say we not only educate students, we educate generations.

Families like Carol Pratt’s have been part of the AHF family for decades. Carol’s daughter, Debra, graduated in 1991. Now, Debra’s daughter, Jeanie, is an AHF sophomore. Carol appreciates that we Sisters “encourage students to take part in community service, helping them to learn

the satisfaction and pride in helping others less fortunate,” she says.

She wants to ensure that the principles she’s lived and treasured her whole life will be handed down to countless future generations. That’s why Carol continues to support the Sisters of Charity today, 30 years after her daughter’s graduation.



Leadership Skills Based on Service to Others

With your support, our alumnae become leaders at all levels. The Hon. Maureen C. Mooney, a 1993 graduate, serves her community as an elected member of the New Hampshire House of Representatives from District 12 in Hillsborough County.

She speaks to how the Sisters guided her to be an example of service by helping others:

New Hampshire Rep. Maureen C. Mooney, Class of 1993, speaks to how the Sisters guided her to be an example of service by helping others.

“The Sisters have influenced my career and personal success by their prayerful examples of perseverance, charity, service, and patience,” Rep. Mooney says. “Their work will always be relevant and needed for

every future generation.”

Academic Excellence Rooted in Faith

Founded in 1874, our traditional Catholic day and boarding school is one of the last institutions of its kind. Many young women come here from places like China, Ethiopia, and Brazil, bringing with them the beauty of their countries and cultures.



Sister Mary Jane with her students empowering them to learn valuable life skills for their futures.

At AHF, our goal is to prepare our students for life. Our challenging curriculum teaches young women to develop personal discipline and manage their time well.

Thanks to supporters like YOU, students are also able to take a Life Skills class in which they learn how to sew, cook, build a résumé, prepare taxes, perform basic car maintenance, and more — the kinds of things most schools don't have the time or resources to offer.

Our System Works: 100% of Students Who Graduate Go on to College

“Our curriculum has challenged me to work to my fullest potential and has taught me the value of putting my all into everything I do,” says Clara Lopez, a 2024 graduate. “The Academy truly is where faith meets intellect.”

Empowering our students to grow in faith is a hallmark of a Sisters of Charity education. The Academy does not seek to convert anyone to Catholicism, but learning from and living alongside our Sisters provides a powerful example of prayer and service, as evidenced by the many vocations to religious life we've produced over the years.

Can we count on you to be a vital part of our ministry? Your support can empower young women to unlock their God-given potential!



SISTERS OF CHARITY
of Our Lady, Mother of the Church

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With Loving Gratitude,

Your Sisters of Charity

Sisters of Charity of Our Lady, Mother of the Church
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Baltic, CT 06330
(860) 822-6323



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